

## JOB DESCRIPTION

### ASSISTANT PSYCHOLOGIST

<b>Job Title</b>	<b>Assistant Psychologist</b>
<b>Grade</b>	<b>According to ability and experience</b>
<b>Hours per week</b>	<b>40 hours (plus break)</b>
<b>Location</b>	<b>Maudsley Health, MACANI, Abu Dhabi</b>
<b>Reports to</b>	<b>Consultant CAMHS Clinical Psychologist</b>
<b>Professionally accountable to</b>	<b>Consultant Psychiatrist, CAMHS</b>

#### JOB PURPOSE

- To provide a psychology service to the Service including assisting in: specialist assessment, treatment, planning, implementation and monitoring of outcomes.
- To contribute to enabling other staff, service users and carers from diverse backgrounds to flourish by working to create a psychologically safe environment.
- To work as an autonomous professional within Department of Health guidelines and codes of conduct, and guided by the policies and procedures of the service, taking responsibility for own work including treatment and discharge decisions with support of clinical supervisor.

#### **THE SOUTH LONDON & MAUDSLEY NHS FOUNDATION TRUST**

South London and Maudsley NHS Foundation Trust is the most comprehensive NHS provider of mental health services in the United Kingdom. It provides a full range of mental health services to the people of Croydon, Lambeth, Southwark, and Lewisham as well as national specialist services. It has a budget of £365 million.

#### **MAUDSLEY HEALTH**

Maudsley Health is a joint venture between the South London and Maudsley NHS Foundation Trust and MACANI, an Abu Dhabi organisation, with a commitment to developing exceptionally high quality health care within the United Emirates.

The CAMHS service in Maudsley Health is a specialist mental health service, principally for children and young people up to the age of 18. As part of the service a range of highly specialist services will be provided and in some cases the post holder will be expected to work alongside visiting clinicians from the wider SLAM CAMHS CAG. Interventions offered will include CBT, psycho-pharmacology; CBT; IPT; systemic family therapy, parent training groups; social skills groups and psycho-educational groups for parents.

The service will work to a high standard and offer specialist assessment and intervention for children with a broad range of mental health disorder and will have specialist expertise in autism spectrum disorder, ADHD and other neurodevelopmental difficulties as well as other mental health disorders. Clear evidence based

clinical provision will be in place for the assessment and management of cases.

The Core Clinical Team will be permanently based in Dubai with additional specialist input from visiting specialist teams and individual including;

- Obsessive Compulsive Disorders
- Child and Adolescent Eating Disorders

In addition to the above on-going service, other provision is in the process of being developed.

Maudsley Health, CAMHs, works closely with the National and Specialist Child and Adolescent Mental Health Services within SLaM. These N&S Outpatient Services treat children who suffer from autism, hyperkinetic disorders, developmental disorders with associated emotional and behavioural problems, children with antisocial behaviour, oppositional defiant behaviour, children with eating disorders, depressed children, children with obsessive compulsive disorder, traumatic stress in childhood. There is an adolescent at-risk and forensic service, a fostering and adoption team, a forensic psychiatry team and staff who research and treat genetic disorders.

The National and Specialist in-patient services are comprised of six wards: a child unit, an adolescent unit and a psychiatric inpatient care unit, all at the Bethlem Royal Hospital, as well as an adolescent unit at the Maudsley Hospital (Snowfields Adolescent Unit) and two inpatient units in Staplehurst, Kent. The in-patient services treat complex cases including children and young people with neuropsychiatric conditions, obsessive compulsive disorder, psychotic and affective disorders.

#### **Key Responsibilities for post holder:**

1. To undertake, under the direct supervision of a qualified professional psychologist, protocol based psychological assessments of clients, including the use of self-report measures, rating scales, direct and indirect structured observations and semi-structured interviews with clients, family members and others involved in the client's care.
2. To assist in the formulation and delivery of routine care plans involving the psychological treatment and/or management of a client's problems, under the direct supervision of a qualified professional psychologist.
3. To assist, under the direct supervision of a qualified professional psychologist, in the coordination and running of therapeutic groups.
4. To manage an ongoing programme of audit of outcomes from treatment involving measures administered to clients and families at multiple stages during their care journey.
5. To analyse this data and contribute to the production of reports of outcomes for the team and for commissioners.
6. To support clients using online treatment packages via phone and email.
7. To support the multi-disciplinary team at all stages of the research process including writing grant applications, data collection, data analysis and write up of results
8. To attend and contribute to appropriate multi-disciplinary meetings.
9. To be responsible for organising and prioritising own and others workload in the day to day allocation of work.

#### **Clinical Skills**

1. To act as a clinical practitioner who is legally and professionally accountable through their supervisor for their own supervised actions guided by the professional code of conduct and service guidelines and protocols.
2. Further professional knowledge will have been gained through accredited courses workshops, study and in house training programmes.
3. To be responsible and accountable under clinical supervision for service delivery to service users.

4. To be able to assess and develop plans of care to meet the complex needs of service users with a variety of conditions. This will include continuously evaluating and acting on outcomes.
5. To be able to initiate referrals to other health professional specialist services and agencies.
6. To provide service users and relatives with information and education thus ensuring they have meaningful choices that promote dignity, independence and quality of life.
7. To ensure practice is supported by research, evidence based practice, literature and peer review.

### **Supervision**

1. To receive regular clinical supervision, in accordance with professional practice guidelines.
2. To gain wider experience of professional psychology as agreed with the psychologist to whom they are accountable.
3. To develop skills and competencies that assist in the delivery of current duties
4. To contribute, under the direct supervision of a qualified professional psychologist, to the training and support of other staff in psychological care.

### **Research and service evaluation**

- As an element of the post, to assist, under the direct supervision of a qualified professional psychologist, in the design and implementation of audit and research projects.
2. To undertake data collection and, under the direct supervision of a qualified professional psychologist, the analysis and production of reports and summaries, using IT and statistical programmes.
  3. To undertake searches of evidence-based literature and research to assist qualified clinical psychologists and other clinicians in evidence based practice in individual work and work with other team members.
  4. To familiarise themselves with, and to comply with the Services' requirements on research governance.
  5. To train to a high standard in any patient data processing programmes and be ready to act as a resource for other members of the team e.g. to explain specific programmes, steps in applying programmes etc.

### **Computer/Administration**

1. To have a good knowledge of MS Office applications.
2. To ensure accurate recording of actions, and updating patient's records, maintaining confidentiality at all times.
3. To take part, and assist, in the planning and administration relating to day to day running of the caseload.
4. The post holder will input and maintain, appropriate computer and manual clinical records and statistical data
5. The post-holder will engage in relevant computer and IT training as required.
6. To assist, under the direct supervision of a qualified professional psychologist, in the development, design and implementation of relevant IT projects.
7. To assist in processing and auditing various types of data concerning service users for the whole team. This may involve running reports on issues such as contacts, diagnoses, through put etc, and will also involve helping solve any difficulties in this area under the guidance of the line manager

### **Communication**

1. To have a wide range of knowledge in approaches to communicating and managing patient care.
2. To be able to effectively communicate with colleagues, peers, senior managers and clinical leads within the Service.
3. To be able to communicate complex patient related information facilitating positive outcomes and ensuring collaborative working.
4. Participate in the review and development of clinical policies and identifies improvements to service provision.

### **Training**

1. To ensure own continued professional development and support a culture of lifelong learning in self and others.
2. To undertake, and assist, in the planning of own mandatory training and workshops.
3. To undertake a regular appraisal, developing a personal development plan that includes clinical competencies reflecting the health needs of the local population and relates to Service strategy.
4. To support training as part of the role including changes to professional development and implementation of new policies and guidelines.

**General**

1. To contribute to the development and maintenance of the highest professional standards of practice, through active participation in internal and external CPD training and development programmes, in consultation with the post-holder's professional and team manager(s).
2. To maintain the highest standards of clinical record keeping and report writing in accordance with professional codes of practice of the Department of Health and Service policies and procedures.
3. To prepare test materials and visual aids as required.
4. To undertake specific administrative duties as required.
5. To perform other duties of a similar kind appropriate to the grade, which may be required from time to time by the team manager, or clinical supervisor or clinical lead.

**Person Specification: Desirable**

- Training in an evidence based parenting intervention
- Training in the use of autism-specific assessment instruments (e.g. ADOS 2; ADI-R)
- Ability to speak Arabic is highly desirable. (A/I)

**Eligibility Criteria**

<b>Education</b>	<p>Bachelor degree in the field of psychology</p> <p style="text-align: center;"><b>OR</b></p> <p>Bachelor degree in the field of psychology <b>And</b> Postgraduate full time Master’s degree (includes MSc, MA, M.Phil) of minimum <b>two (2)</b> years course duration from a psychology faculty or an educational faculty with focus on psychology provided that the bachelor degree is minimum <b>four (4) years</b> duration</p>	<ul style="list-style-type: none"> <li>• Bachelor degree should be of 4 years studies</li> <li>• Bachelor degree should be of 4 years studies</li> <li>• Transcript of both Bachelor degree and Master degree are required</li> </ul>
<b>Experience</b>	Previous internship experience in a clinical setting would be desirable.	<ul style="list-style-type: none"> <li>• Experience must be in tertiary hospital setting</li> <li>• Experience shall be post qualification</li> </ul>
<b>License</b>	Should have or be eligible for an Assistant Psychology License from Department of Health, MOHAP or DHA	

\* Assistant Psychologist license allows practice only under onsite supervision by a licensed Psychologist