



Maudsley Health

brought to you by **MACANI**

Job Title	Clinical Psychologist: Maudsley Health Trauma Service
Hours per week	40 hours per week plus mandatory break
Department	Maudsley Health, Abu Dhabi
Location	Abu Dhabi
Reports to	Consultant Clinical Psychologist
Accountable to	Clinical Director

Job Purpose

- To provide specialist psychological services in the field of psychological trauma, which encompasses specialist assessment, including diagnosis and formulation of psychological difficulties, treatment planning, treatment management and monitoring of treatment response and outcomes.
- To work as an autonomous professional within the Trauma Service provided by Maudsley Health in accordance with the Abu Dhabi Department of Health guidelines and codes of conduct and MH Trauma Service and wider organizational policies and procedures.
- To contribute to enabling other staff, service users and carers from diverse backgrounds to flourish by working to create a psychologically safe environment.

MAUDSLEY HEALTH

MACANI and South London and Maudsley NHS Foundation Trust (SLAM) set up Maudsley Health in 2015 to develop high quality mental health services in the Middle East. Ambitious development plans are being progressed, including the development of specialist services.

Maudsley Health in Abu Dhabi provides evidence-based assessment and treatment services on an out-patient basis and caters to both CAMHS and AMH populations. In addition to general psychological care over a range of clinical presentations, the service has a specialist Perinatal service and a specialist Trauma service.

THE SOUTH LONDON AND MAUDSLEY NHS FOUNDATION TRUST (SLAM) and KINGS HEALTH PARTNERS

South London and Maudsley NHS Foundation Trust is part of the National Health Service (NHS) and the most comprehensive mental health trust in the UK. It has approximately 6,500 staff, 750 inpatient beds and 50 National Services. It is part of King's Health Partners Academic Health Sciences Centre (AHSC), which cares for approximately two million patients each year, has 25,000 employees and 19,500 students, and an annual turnover of £2 billion. It brings together the best of basic and translational research, clinical excellence, and world-class teaching to deliver groundbreaking advances in physical and mental healthcare. See www.kingshealthpartners.org

The Trust has close links in education and research with the Institute of Psychiatry, Psychology and Neuroscience, King's and Guy's, and St Thomas' School of Medicine, both of which are part of King's College London. This close collaboration involves working to ensure that developments and research feed directly into clinical practice. The academic links with King's College London enables the Trust to ensure that its healthcare staff receive high quality clinical training at both the pre-qualification (or registration) stage and at the specialist (post-qualification) stage.

Key Responsibilities of the Role:

Clinical and Client Care

- To undertake specialist psychological assessments including diagnostic assessments for PTSD and Complex-PTSD.
- To develop individualized collaborative formulations and provide evidence-based interventions for patients presenting with PTSD and Complex PTSD.
- To develop individualized collaborative formulations and provide evidence-based interventions for patients presenting with comorbid mood and/or anxiety disorders that have a trauma etiology.
- To provide culturally appropriate psychological interventions for patients/clients, their carers and/or families, when required.
- To communicate skillfully and sensitively with patients and their families whilst taking into consideration any communication barriers or difficulties that may be present.
- To deliver treatment or liaise with carers/family members through with the support of interpreters, where appropriate
- To assess any clinical risk that may be present and develop appropriate risk management and escalation plans.
- To manage any safeguarding concerns that may be present and develop appropriate management and escalation plans.
- To produce detailed clinical reports, where appropriate.

Responsibilities for Service Clinical Functioning

- To support the development of culturally competent and accessible services.
- To liaise with referrers and other professionals concerned with patients/clients to ensure that care plans are regularly reviewed and updated.
- To utilize theory, evidence-based literature and research on psychological trauma to support evidence-based practice when working with clients/patients.
- To provide services at a time and in a manner that is acceptable to patients.



Maudsley Health

brought to you by **MACANI**

Policy and Service Development

- To follow organizational policies and procedures relevant to current role.
- To propose changes to practices or procedures that may contribute to enhancing the services offered by the team and wider service.
- To initiate and implement service development projects, as agreed with line and service management.
- To participate in any ongoing implementation projects, as requested across relevant services.

Care or Management of Resources

- To take care of, and use carefully, the service's equipment and physical resources.
- To ensure that there are sufficient resources by estimating future needs and requesting supplies in a timely manner.

Teaching and Training

- To undertake occasional teaching and training of pre- and post- qualification psychologists and provide specialized training to other professionals, as appropriate and as requested.
- To contribute to the development of the knowledge and skills base within the team by maintaining an active awareness of current developments in psychology and by implementing knowledge gained in practice.
- To disseminate research and service evaluation findings through presentations and published articles.

Record-Keeping and Information Governance

- To ensure that any information produced is appropriately recorded, as required by service policies and local procedures.
- To ensure the highest standards of clinical record keeping and report writing, in accordance with professional and service guidelines.

Research and Development

- To initiate and conduct appropriate research as agreed with the supervisor and the senior management team.

To use outcome measurement and other standardized assessments to facilitate service evaluation, maintaining professional standards and continuing professional development

- To receive regular clinical and professional supervision from a Consultant Clinical Psychologist in line with registration and service guidelines.
- To ensure one's own Continuing Professional Development in line with the Department of Health- Abu Dhabi licensing requirements.
- To maintain an up-to-date knowledge of current developments in professional and clinical practice and of any changes to relevant legislature and policies.
- To adhere to the Department of Health- Abu Dhabi Professional Practice Guidelines and service policies and procedures.



General

- To travel to meetings, home visits and training venues as appropriate and when required.
- To be aware of the potential risk to self and others that may be present within the service in relation to challenging behaviors and remain knowledgeable of all service policies with regard to the management of challenging behaviors.
- To respond appropriately and professionally to emotionally distressing situations and to support others, where appropriate, when they may experience such situations.
- To work flexibly, as required. This will include offering a regular commitment to late clinics and weekend work, within the overall agreed job plan.
- To ensure good time management and organization skills.
- To demonstrate an enthusiastic, professional, and committed approach to clinical, professional and service-related matters.

Job Plan

Draft Job Plan FOR DISCUSSION Clinical Psychologist, Abu Dhabi							
Staff Member Name							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Day off	Clinical	Team Meeting (1 hour) Clinical	Clinical and Admin time	Clinical and Admin time	Clinical and Admin time	Day off
PM	Day off	Clinical and Admin time	Clinical	Clinical and Supervision	Clinical	Clinical	Day off
		10.00 – 19.00	11.00 – 20.00	10.00 – 19.00	09.00 – 18.00	09.00 – 18.00	

Total of 40 working hours required (not including break that is required every 6 hours in line with European Working Time Directive). Break should be a minimum of 30 minutes, up to an hour, but can be more by agreement.

Person Specification: Essential

Qualifications and Professional Registration

- Clinical psychologist: Bachelor's in psychology and Doctorate in Clinical Psychology or equivalent OR;
- Bachelors and Masters in Psychology (including supervised training whilst on placement).
- Postgraduate diploma in CBT and BABCP accredited as a CBT psychotherapist.
- Registered with the HCPC as Practitioner Psychologist (UK: or equivalent in country of origin).
- Evidence of continuing professional development.
- Minimum 2 years' experience in a clinical setting following completion of training, ideally working with adults presenting with PTSD, Complex PTSD and other trauma related mental health difficulties.

Knowledge

- Specialist knowledge of the theory and practice of specialized psychological therapies for Adults with PTSD, Complex-PTSD and other trauma-related mental health disorders.
- Advanced theoretical knowledge of psychopathology and the evidence base for the relevant treatment of adults with trauma-related mental health disorders.
- Advanced knowledge of psychological assessment and clinical psychometrics of adults with trauma-related mental health disorders.

Knowledge of legislation in relation to the client/patient group and mental health issues, child and adult protection, and equalities.

- Knowledge of factors affecting acceptability and accessibility of mental health care.

Experience

- Evidence of having worked as a clinical psychologist for a minimum of two years under supervision in Adult Mental Health Settings.
- Evidence of having worked with adults presenting with PTSD, Complex PTSD and other trauma related mental health difficulties.
- Evidence of experience of undertaking specialist psychological assessments, including diagnostic clinical assessments.
- Experience of working with adults who present with complex and enduring psychological needs.
- Post-qualification experience that supports working with, and addressing issues of, diversity within local communities.
- Experience of conducting clinical academic research.

Skills

- To deliver evidence-based psychological treatments for PTSD, Complex-PTSD and other trauma-related disorders, these treatments may include one or more of the following:
 - Trauma-Focused cognitive behaviour therapy (TF-CBT)
 - Cognitive therapy including Prolonged Exposure
 - Cognitive Processing Therapy
 - Narrative Exposure Therapy (NET)
 - Eye Movement Desensitisation and Reprocessing (EMDR).
- To deliver psychological therapy across cultural and other differences that may be present.
- To select and administer specialist psychological assessments, interpret and integrate complex data that requires analysis, interpretation and comparison, drawn from several sources, on which expert opinions may differ.
- To communicate skillfully and sensitively complex and sensitive information with clients/patients, carers and colleagues whilst working to overcome any barriers to communication, such as sensory, emotional, cultural, that may exist.
- To plan and schedule assessments and interventions, as needed.
- Well-developed IT skills
- Skills in providing teaching and training to other professional groups.

Abilities

- Ability to work effectively within a multi-disciplinary team, and actively contributing to effective team functioning.
- Ability to identify and employ mechanisms of clinical governance, as appropriate.
- Ability to develop and use complex multi-media materials for presentations in public, professional and academic meetings.

- Ability to maintain concentration and to remain in restricted positions for extended periods during observations, assessments and psychological interventions, and to deal with unexpected interruptions or changes during these.
- Ability to manage emotionally stressful situations such as working with victims of abuse or trauma, or with people who engage in severe self-harming or aggressive behaviors.
- Ability to manage verbal aggression and hostility directed at self.

Person Specification: Desirable

- Record of publications in either peer reviewed, academic, or professional journals/books
- Masters level knowledge of psychological research methodology and complex statistical analysis.
- The ability to speak fluent Arabic and practice clinically in Arabic.